Archaeobiology 5

A View from the Herd

Cattle, Sheep, Goats, and Pigs in Pharaonic Egypt A Primer for Egyptologists and Archaeologists

by Richard W. Redding



ψ lockwood press

A VIEW FROM THE HERD: CATTLE, SHEEP, GOATS, AND PIGS IN PHARAONIC EGYPT

A Primer for Egyptologists and Archaeologists

Archaeobiology

Series Editors

Justin Lev-Tov Sarah Whitcher Kansa

Number 5

A VIEW FROM THE HERD: CATTLE, SHEEP, GOATS, AND PIGS IN PHARAONIC EGYPT

A Primer for Egyptologists and Archaeologists

A VIEW FROM THE HERD: CATTLE, SHEEP, GOATS, AND PIGS IN PHARAONIC EGYPT

A Primer for Egyptologists and Archaeologists

Richard W. Redding



LOCKWOOD PRESS Columbus, GA • 2024

A VIEW FROM THE HERD: CATTLE, SHEEP, GOATS, AND PIGS IN PHARAONIC EGYPT

A Primer for Egyptologists and Archaeologists

Copyright © 2024 by Lockwood Press

All rights reserved. No part of this work may be reproduced or transmitted in any form or by any means, electronic or mechanical, including photocopying and recording, or by means of any information storage or retrieval system, except as may be expressly permitted by the 1976 Copyright Act or in writing from the publisher. Requests for permission should be addressed in writing to Lockwood Press, PO Box 1080, Columbus, GA 31902, USA.

ISBN: 978-1-957454-08-5

Cover design by Susanne Wilhelm.

Library of Congress Cataloging-in-Publication Data

Names: Redding, Richard William, author.

- Title: A view from the herd : cattle, sheep, goats, and pigs in pharaonic Egypt : a primer for Egyptologists and archaeologists / Richard W. Redding.
- Other titles: Cattle, sheep, goats, and pigs in pharaonic Egypt : a primer for Egyptologists and archaeologists | Archaeobiology ; no. 5.
- Description: Columbus, GA : Lockwood Press, 2024. | Series: Archaeobiology; number 5 | Includes bibliographical references and index. | Summary: "In this book, Richard Redding synthesizes his decades-long work on the ancient agricultural economy of Egypt. Drawing on a diverse range of data, including zooarchaeology, ancient texts, and iconographic sources, he explores the role of cattle, sheep, goats, and pigs in the economic infrastructure of ancient, mainly pharaonic, Egypt and the complex-ities of decision-making processes that shaped the use and management of these vital livestock resources"— Provided by publisher.
- Identifiers: LCCN 2024001925 (print) | LCCN 2024001926 (ebook) | ISBN 9781957454085 (hardcover) | ISBN 9781957454092 (adobe pdf)
- Subjects: LCSH: Livestock–Egypt–History–To 1500. | Animal culture–Egypt–History–To 1500. | Cattle–Egypt–History–To 1500. | Sheep–Egypt–History–To 1500. | Goats–Egypt–History–To 1500. | Swine–Egypt–History–To 1500. | Animal remains (Archaeology)–Egypt.
- Classification: LCC SF55.E3 R44 2024 (print) | LCC SF55.E3 (ebook) | DDC 636.00932-dc23/eng/20240310
- LC record available at https://lccn.loc.gov/2024001925
- LC ebook record available at https://lccn.loc.gov/2024001926

Printed in the United States of America on acid-free paper.



Dr. Richard W. Redding (right) teaching two Ministry of Antiquities and Tourism inspectors, Mohamed Hussein Ahmed (far left) and Mohamed Raouf Badran (center), zooarchaeology techniques during the AERA-ARCE field school. Their work with Richard inspired them to write an article in 2018 for the AERA newsletter. Photograph by Mark Lehner. Copyright AERA 2023.

CONTENTS

List of Figures	XI
List of Tables	XIII
Foreword: A Note from the Editors	XV
Preface and Acknowledgments	XVI
Abbreviations	XVIII
Chronological Outline of Ancient Egypt	XIX
Chapter 1: The Importance of Cattle, Sheep, and Goats; Decision-Making in Ancient Egypt; and a Little Theory	1
Theoretical Background	2
A Caveat	3
Chapter 2: Taxonomy and Nomenclature	5
Taxonomy of the Subfamily Bovinae	6
Taxonomy of the Subfamily Caprinae	8
Taxonomy of the Genus Sus	9
Chapter 3: The Origin of Domestic Cattle, Sheep, and Goats in Egypt	11
Origin of Domestic Cattle	11
Domestic Sheep and Goat Origins	16
Domestic Pig Origins	21
SETTING THE STAGE	
Chapter 4: Environmental Factors: Floods, Rains, and Climate Change	25
A Caveat	25
Rainfall Patterns	26
The Nile and the Flood	26
Environmental Change in Egypt	27
Overview of the Effects of Floods, Rainfall, and Environmental Change	33
Chapter 5: The Ecological Biogeography of Pastoralism in Ancient Egypt	35
A Caveat	35

Lower Egypt	37
The Nile Valley in General	41
Overview of Biogeography and Cattle, Sheep, and Goat Herding	42
Chapter 6: Feeding and Foddering	45
Patterns of Feeding and Foddering	45
Evidence of Fodder in Ancient Egypt	46
How Much Fodder?	48
Overview of Feeding and Foddering	48
Chapter 7: Herd Size in Ancient Egypt	51
Land Area in the Old Kingdom	51
Carrying Capacity in Ancient Egypt	52
A Caveat	52
Estimate of Herd Sizes in the Old Kingdom	52
Modern Numbers	54
Overview of Herd Size	55
Chapter 8: The Assumptions: A Framework for Modeling Animal Management in Ancient	
Egypt; Pulling It All Together	57
The Nile Flood: General Affect	57
The Nile Flood: Year to Year Variation	58
The Nile Flood: Long-Term Variation	58
The Effects of Seasonality	58
Climate and Environmental Change	60
CATTLE IN PHARAONIC EGYPT: HERD DYNAMICS, FEEDING BEHAVIOR, PRODUCTION CHARACTERISTICS, AND PRODUCTIVITY	
Chapter 9: The Baladi Breed: A Model for Cattle in Ancient Egypt	63
The Baladi Breed as a Model for Pharaonic Cattle	63
Modeling Herd Growth	65
Meat and Meat Yield	68
Secondary Products	74
Chapter 10: Modeling Pharaonic Cattle Management and Productivity	77
Feeding and Management	77
The Herds	79
When Did They Slaughter	79
Meat	79
Secondary Products	80

SHEEP, GOATS, AND PIGS IN PHARAONIC EGYPT: HERD DYNAMICS, FEEDING BEHAVIOR, PRODUCTION CHARACTERISTICS, AND PRODUCTIVITY

Chapter 11: Unimproved Breeds of Sheep: A Model for Pharaonic Sheep	85
Awassi, Rahmani, and Ossimi Sheep as a Model	85
Meat Yields	90
Secondary Products	91
Chapter 12: Unimproved Breeds of Goats: A Model for Pharaonic Goats	95
Baladi Goats as a Model	95
Meat Yields	99
Secondary Products	100
Chapter 13: Modeling Pharaonic Sheep and Goat Management and Productivity	103
Sheep versus Goats	103
Chapter 14: The Pig in Ancient Egypt	107
A Short History of the Study of the Pig in Ancient Egypt	107
Ecology, Behavior, Reproduction, Production and Management of the Pig	108
The Role of the Pig in the Subsistence System in Ancient Egypt	111
Chapter 15: Comparing Cattle, Sheep, Goats, and Pigs: Predictions and Two Normative	
Assumptions Reexamined	113
Diets of Cattle, Sheep, Goats, and Pigs	113
Management	113
Herd Composition	115
Comparing Cattle, Sheep, and Goat Labor Requirements	115
Comparing Cattle, Sheep, Goat, and Pig Meat Yields	116
Comparing Risk and Reward	117
Comparing Nutritional Yields from Cattle, Sheep, Goats, and Pigs	118
Physiological Differences	119
Predictions	120
Two Normative Assumptions Reexamined	120
CONSUMPTION AND NUTRITION	
Chapter 16: Butchering, Nutrition, and Patterns of Consumption	125
Body Part and Nutrition	125
Meat Preservation	130
Cooking in Pharaonic Egypt	130
Kawarea	131

EXPLAINING PATTERNING IN THE FAUNAL REMAINS FROM OLD KINGDOM EGYPT

The Sites A Producing versus a Provisioned Site Status and Diet Offerings and Leftovers Left versus Right <i>Kawarea</i> Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview	Chapter 17: Archaeological Data from the Old Kingdom: Patterns and Explanations	137
A Producing versus a Provisioned Site Status and Diet Offerings and Leftovers Left versus Right <i>Kawarea</i> Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview References	Notes on Quantifying Archaeological Faunal Data	137
Status and Diet Offerings and Leftovers Left versus Right <i>Kawarea</i> Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview	The Sites	137
Offerings and Leftovers Left versus Right <i>Kawarea</i> Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview	A Producing versus a Provisioned Site	142
Left versus Right <i>Kawarea</i> Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview References	Status and Diet	144
Kawarea Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview References	Offerings and Leftovers	145
Kromer Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview References	Left versus Right	148
Reconstructing Production Systems: Part I Reconstructing Production Systems: Part II Cattle Counts Overview References	Kawarea	149
Reconstructing Production Systems: Part II Cattle Counts Overview References	Kromer	149
Cattle Counts Overview References	Reconstructing Production Systems: Part I	151
Overview References	Reconstructing Production Systems: Part II	152
References	Cattle Counts	154
	Overview	155
Index	References	157
	Index	187

LIST OF FIGURES

Figure 1.	Who's who and the paths from wild to domestic: Or, How did cattle get from wild	
	into a truck? Top: Reconstruction of male <i>Bos primigenius</i> with a 188 cm human	
	silhouette. Aurochs redrawn by Lorene Sterner after D. Foidl, own work, CC BY-SA	
	3.0, https://commons.wikimedia.org/w/index.php?curid=31337061. Figure of human in	
	silhouette by Lorene Sterner. Bottom: A photograph of modern cattle from the village	
	of Mezhuna near Dashur, Egypt. Photograph by Richard Redding.	4
Figure 2.	Curled-horned sheep, Ammon type. Top from Karnak temple courtyard. Bottom: live	-
rigure 2.	sheep from Saqqara, Egypt. Photographs by Richard Redding.	18
Figure 3.	Spiral-horned sheep in the Tomb of Ty, Saqqara, Egypt. Photograph by Richard Redding	
Figure 4.	The modern relationship between the Nile Valley and the deserts of Egypt. Image	. 17
ingure 4.	from Google Earth®.	23
Figure 5.	Village isolated by Nile flood waters at Dashur, Egypt. Photograph courtesy of Sali-	25
rigule 5.	ma Ikram, by Rudolf Franz Lehnert and Ernst Heinrich Landrock. The original post-	
	,	
	card caption is mistaken. The location of the pyramid in the background is actually Dashur rather than Abu Sir.	28
Figure (20
Figure 6.	Nile in flood at Giza in 1927. Photograph by M. Ibrahim; courtesy of the Museum of	20
Figure 7	Fine Arts, Boston (A4763_NS).	29
Figure 7.	The Nile Delta at 4500 BP. The Bilqas 1 deposits represent areas above sea level. From	22
F : 0	Pennington et al. 2017; redrawn by Lorene Sterner.	32
Figure 8.	The separation of the desert from the sown, the red land from the black land, at	26
F : 0	Dashur, Egypt. Photograph by Richard Redding.	36
Figure 9.	The topography of Lower Egypt. Map prepared by and used with permission of	
F : 10	Rebekah Miracle.	40
Figure 10.	Cattle, sheep, and goats at the artificial lake of Birket Dashur on the western edge of	
	the Nile flood plain. The modern lake, when fed with water, creates a marsh. Photo-	
	graph by Richard Redding.	41
Figure 11.	Baladi cattle grazing in a field near Dashur, Egypt. Photograph by Richard Redding.	61
Figure 12.	Cattle (with sheep and a water buffalo) feeding on silage during the summer in a	
	village in the Nile Delta. Photograph by Richard Redding.	66
Figure 13.	Rotating the <i>saqiya</i> in the Nile Delta. Photograph by Richard Redding.	75
Figure 14.	Middle Kingdom model of a man plowing, early-to-middle Twelfth Dynasty. Metro-	
	politan Museum of Art.	81
Figure 15.	Sheep being driven along a road, Saqqara, Egypt. Photograph by Richard Redding.	83
Figure 16.	Goats feeding on garbage on the edge of a village. Photograph by Richard Redding.	96
Figure 17.	Comparative growth of sheep and goat herds based on modeling. Chart by Richard	
	Redding.	104
Figure 18.	Pigs in a marshy area. Photograph by Richard Redding.	108
Figure 19.	Schematic graph of the relationship between the diet of cattle, sheep, and goats.	
	Chart by Richard Redding. Redrawn by Lorene Sterner.	113

Figure 20.	Comparative growth of cattle, sheep, and goat herds based on modeling. Chart by Richard Redding.	118
Figure 21.	Butchering scene from the Tomb of Khuwy in south Saqqara. The butchers are removing the right forelimb. Photograph by Richard Redding.	123
		125
Figure 22.	Workers at Giza enjoying an end of season dinner of meat stew. Photograph by	126
Figure 22	S. Salah. Copyright AERA 2023.	120
Figure 23.	Cuts of meat in the carcass of a bull/steer/ox/cow. After BC Cook Articulation Com- mittee 2015. Redrawn by Lorene Sterner.	127
Figure 24.	Sagittal section of a horse metatarsal bone. Cavities in the cancellous bone are filled with red marrow while fat fills the medullary cavity. After Sisson 1914:Figure 1, p. 21.	
	Modified by Lorene Sterner.	128
Figure 25.	Scene from the Tomb of Ukh-hotep that shows two men carrying meat offerings. The	
	man on the left is carrying a femur and the man on the right is carrying a rack of ribs	
	and a calf's head. After Blackman 1915a:Plate II. Redrawn by Lorene Sterner.	131
Figure 26.	Scene from the Middle Kingdom tomb of Ukh-hotep at Meir showing a bull/steer/ox	
-	being roasted on a spit. After Blackman 1915b:Plate XXXI. Redrawn by Lorene Sterner.	131
Figure 27.	The front panel of the outer coffin of Middle Kingdom governor Djehutinakht IV or	
C	V from Dayr al-Barsha showing four severed distal limbs as offerings. Redrawn by	
	Lorene Sterner.	133
Figure 28.	The faunal lab at Giza. Looking for patterns. Photograph by Mark Lehner. Copyright	
0	AERA 2023.	135
Figure 29.	Map of the Nile Delta as it existed in the Old Kingdom showing the location of Kom	
0	el-Hisn and Giza. After Wenke, Redding, and Cagle 2016. Redrawn by Lorene Sterner.	138
Figure 30.	Map of the Heit el-Ghurab at Giza. Map by Rebekah Miracle. Copyright AERA 2023.	139
Figure 31.	The Giza Plateau showing the Heit el-Ghurab, Menkaure Valley Temple, Kromer's	.05
	Dump, and the Silo Building Complex, with harbor basins and waterways of Fourth	
	Dynasty Giza projected in blue. Graphic by Rebekah Miracle. Copyright AERA 2023.	140
Figure 32.	Map of Menkaure Valley Temple illustrating the courtyard and areas excavated by	110
rigure 52.	AERA in 2019 in which material culture from the courtyard was recovered. Map by	
	Rebekah Miracle. Copyright AERA 2023.	141
Figure 33.	Reisner's excavation of the western and southern parts of the Menkaure Valley Tem-	141
rigure 55.	ple court. His backfill and dumping (left) onto the western part of the temple consists	
	of clean sand (white) and dense silt (dark). Photograph by B. Ahmed, February 27,	
	1910. View to the north. Courtesy of the Museum of Fine Arts, Boston (A339_NS).	141
Figure 34.	Close-up of Reisner's excavation at MVT on March 9, 1910. Courtesy of the Museum	141
rigule 54.	of Fine Arts, Boston (C2462_NS).	142
Figure 35.	KKTE+ or the Silo Building Complex east of Khentkawes Town. Note Valley Temple	142
rigure 55.		140
Figure 26	of Khafre and Sphinx in background. Photograph by R. Eissa. Copyright AERA 2023.	143
Figure 36.	Butchering scene from the Tomb of Khuwy in south Saqqara. Right forelimbs are	140
F: 27	being carried to the deceased as an offering. Photograph by Richard Redding.	146
Figure 37.	Cattle heads and forelimbs as offerings in a scene from Luxor Temple east of the	140
F : 00	sanctuary. Photograph by Richard Redding.	146
Figure 38.	The figure on the extreme left and the one on the right are carrying hindlimbs. The	
	middle figure is carrying a forelimb. Tomb of Sekhemankhptah in the Museum of	
F !	Fine Arts in Boston. Drawing by L. Sterner.	146
Figure 39.	Feature 35512 was dumped from the right side (west) of the photograph. Photograph	<i></i>
	by Mark Lehner. Copyright AERA 2023.	150
Figure 40.	Top: radius shafts from Feature 35512. Bottom left: proximal metacarpal pierced for marrow removal from Feature 35512. Photographs by Mark Lehner. Copyright AERA	

	2023. Bottom right: shafts with cut marks from Feature 35512. Photograph by Rich- ard Redding.	150
Figure 41.	Hypothetical model of a village/estate located on a levee of the Nile. The dotted lines are isohyets for two, four, six, and eight kilometers from the village. Original by Wil-	
	ma Wetterstrom. Redrawn by Lorene Sterner.	153
Figure 42.	Graphic model of village/estate numbers against land use requirements. Chart by	
	Richard Redding.	154

XIII

LIST OF TABLES

Table 1.	The ratios for cattle to sheep/goat and sheep to goat for sites dating from the Predynastic	
	through the Old Kingdom in Egypt.	53
Table 2.	Counts of cattle, water buffalo, sheep, and goat in Egypt in 1971 and 1980. From Fitch	
	and Soliman (1981).	55
Table 3.	Cattle herd growth model 1; based on 12-month birth interval with 10% mortality in first year.	69
Table 4.	Cattle herd growth model 2; based on an 18-month birth interval with 10% mortality in	
	first year.	70
Table 5.	Cattle herd growth model 3; based on a 24-month birth interval with 10% mortality in	
	first year.	71
Table 6.	Cattle herd growth model 4; based on 18-month birth interval with 20% mortality in first	
	year.	72
Table 7.	Cattle herd growth model 5; based on 24-month birth interval with 20% mortality in first	
	year.	73
Table 8.	Edible products for Baladi cattle by age.	74
Table 9.	Nutritional value of one kilogram of cattle meat.	74
Table 10.	Nutritional value per liter of cow milk for the Middle East.	74
Table 11.	Awassi reproductive rates by lambing year. From El-Wishy, El-Sawat, and El-Mikkaw 1971.	87
Table 12.	Ossimi reproductive rates by lambing year. From El-Wishy, El-Sawat, and El-Mikkaw 1971.	87
Table 13.	Model 1; sheep herd growth model assuming a 0.9 lambing rate.	88
Table 14.	Model 2; sheep herd growth model assuming a 0.8 lambing rate.	89
Table 15.	Average live weights (kg) by age and sex for Awassi sheep maintained extensively in low-	
	land Iraq.	90
Table 16.	Average live weights (kg) by age and sex for Awassi sheep maintained on a high plane of	
	nutrition.	90
Table 17.	Average live weights (kg) by age and sex for Rahmani and Ossimi sheep in Egypt.	91
Table 18.	Representative nutritional values, expected per kilogram meat, for sheep meat as pub-	
	lished in three studies.	92
Table 19.	Nutritional value per liter of sheep milk for the Middle East.	92
	-	

Table 20.	Goat herd growth model.	98
Table 21.	Average live weights (kg) by age and sex for Baladi goats.	99
Table 22.	Representative nutritional values, expected per kilogram meat, for goat meat as pub-	
	lished in three studies.	100
Table 23.	Nutritional value per liter of goat milk for the Middle East.	100
Table 24.	Grain and forage inputs per kilogram of animal product, and fossil fuel energy (kcal) to	
	produce one kilocalorie of protein.	109
Table 25.	Estimates of percentage efficiency of converting fodder to edible animal products.	109
Table 26.	Nutritional yield per kilogram of meat for cattle, sheep and goats. Based on Pellett and	
	Shadarevian 1970.	119
Table 27.	Nutritional yield per liter of milk for cattle, sheep and goats. Based on Pellett and	
	Shadarevian 1970; and Redding 1981.	119
Table 28.	Calories, protein, fat and nutritional data for organ meat from cattle.	130
Table 29.	Percentages of fatty acids represented by oleic acid in caribou parts. From Morin 2007.	132
Table 30.	Counts (NISP) of cattle, sheep, goats, and pigs from six areas of the Heit el-Ghurab.	144
Table 31.	Species ratios, based on NISP, for domestic taxa from six areas of the Heit el-Ghurab.	145
Table 32.	Counts (NISP) of cattle limb elements by pectoral versus pelvic limb for the MVT sample.	147
Table 33.	Cattle fusion data presented by age group with group survivorship calculated.	148
Table 34.	Counts (NISP) of cattle limb elements from MVT-W presented by symmetry.	148
Table 35.	Kromer Dump sheep-goat limb fragment counts (NISP) by proximal, distal, and shaft	
	categories.	149
Table 36.	Variables to feed 10,000 based on 5, 10, 15, and 20 villages/estates.	153

FOREWORD: A NOTE FROM THE EDITORS

Dr. Richard Redding submitted this manuscript to Lockwood Press in May 2023, just a few days before his sudden and untimely death. We were eager to work with him, as both of us had read many of his works and separately conversed with him at professional conferences. While working on the manuscript, Richard shared and discussed ideas in it with Dr. Salima Ikram. After Richard passed away, we asked Salima to peer review the manuscript, to which she eagerly agreed and suggested that we obtain further help from Dr. Louise Bertini. This book, therefore, contains several additions and clarifications made by Salima, who also shared the chronological table for ancient Egypt. Louise provided important clarifications for Richard's work on pigs. The editors provided academic editing, ironed out manuscript issues with help from those mentioned here, and redid several figures and tables. In helping see the manuscript through to its final form, we are indebted to the American Egypt Research Associates (AERA) organization and its staff, first and foremost AERA's arts and sciences editor, Dr. Wilma Wetterstrom, who provided many figures, obtained museum images, AERA permissions, and imparted

much-needed information. Thanks also to AERA GIS director Rebekah Miracle for providing additional figures, AERA's director of archaeological science, Dr. Claire Malleson, and AERA's president, Dr. Mark Lehner. We also thank the University of Michigan's Kelsey Museum artist Lorene Sterner for artwork and depiction discussions, and Susanne Wilhelm, for her gratis reworking of the cover image.

Richard meant this book as synthesis of his longtime work in Egypt. As such, it was his dream to have it published in time for a launch at the 2024 Eightyninth Annual Meeting of the Society for American Archaeology in New Orleans, Louisiana. Richard's wife, Cheri Alexander, and their daughter, Dr. Alexis Redding, were able to temporarily put aside their deep grief whenever we needed them, whether that was to help locate figures on Richard's computer, answer questions about his publication wishes, or myriad other matters with which we had to burden them. They wanted, above all else, to fulfill Richard's wish by doing whatever they could to have his magnum opus published according to his original vision. We hope that we have achieved that goal.

PREFACE AND ACKNOWLEDGMENTS

As a young undergraduate student, I went to Iran in August of 1970 to work on Henry Wright's survey and excavation project on the Susiana Plain. My role was more than an archaeozoologist. I had been trained in vertebrate paleontology and archaeozoology, but my real interests were in evolutionary ecology and using ecological modeling to understand human behavior. In my undergraduate studies, I had been influenced by Robert MacArthur's The Theory of Island Biogeography (1967). Later, I encountered Eric Pianka's Evolutionary Ecology (1974). In Iran, as part of my interest in evolutionary ecology, I spent time collecting specimens for the collections of the Museum of Zoology at the University of Michigan and studying small mammal ecology. I received a great deal of guidance and support in this stage of my career from Douglas Lay, who wrote the Mammals of Iran (1967). While collecting, I spent time with nomadic groups in southwestern Iran and began to think about pastoralism as an adaptation and how pastoralists, both nomadic, sedentary, and agropastoralists, functioned in the economy and how they made decisions. The nomads I spoke with, the Lur and the Bakhtiari, were a great source of information about their animals and I was enthralled with how much knowledge they had about the characteristics, potential, and limits, of their cattle, sheep, and goats. I was introduced to the world of the nomads by Frank Hole and Henry Wright.

I spent four seasons in Iran doing research on the animals of the Susiana Plain in Khuzestan, Iran and observing the pastoralists. My original dissertation topic was a study of the potential of using rodents as environmental indicators of the intensity of irrigation agriculture. I had found that Sundevall's jird, *Meriones crassus*, was associated with dry farming, while the Indian Gerbil, *Tatera indica*, was associated with irrigation agriculture. Further, the size of male *T. indica* specimens varied with the intensity of irrigation. The more days of irrigation in a field the larger the male specimens. This work came to a screeching halt in early 1979 when Shah Mohammed Reza left Iran. I was left with no dissertation.

In a search for a new dissertation topic, I decided to explore the differences between sheep and goats

in behavior, ecology, physiology, production, and reproduction to develop models, based on the animals, of how pastoralist might have structured and used their flocks. How might the tactics and strategies employed by herders change given different goals? How might tactics and strategies change given shifts in economies and environment? I found a wealth of information from three sources. The first was the ethnographic literature, which was frustratingly variable. Some researchers provided good information on the flocks of their study area, others none. It was difficult to find comparable data. The second source was the literature on the wild ancestors, which was very detailed for sheep and less so for goats. One problem I recognized was that I had to use these data carefully, as the studies were on small, remnant populations that were frequently on preserves. The third source of data was from the animal science literature. Huge numbers of studies on cattle, sheep, and goats had been done in the Middle East, some dating to the 1930s, on the characteristics of these animals. There were two problems with these data sources. First, some studies were on animals that were improved breeds, imported to the area, or on animals that had been improved by cross breeding. What I focused on were studies on local, unimproved breeds that were the descendants of populations that had existed in the area for thousands of years. The second problem with the studies is that many of the animals, even the unimproved local breeds, were increasingly being given modern veterinary care and fed supplements that would not have been available in the past. The care and use of supplements certainly affects the rates of breeding, survivability, and productivity of even the unimproved local breeds.

My dissertation (Redding 1981) on modeling human decision-making for herds, focused on only sheep and goats to make the study manageable. I had put cattle aside but still collected articles with data on cattle in the Middle East intending to add them to the study in my later work.

The Iranian Revolution also necessitated a shift in my geographic area of interest. In 1981, Robert Wenke asked me to work in the Fayyum of Egypt on the origins of agriculture. This was a survey project, with surface collection and limited excavation. I still found time to interview local herders about their animals and the potential and limits of their flocks. In 1984, Wenke and I opened excavations at the Old Kingdom site of Kom el-Hisn, located in the Nile Delta (Wenke, Redding, and Cagle 2016). This was explicitly a study of rural settlements in the Old Kingdom. My studies on the fauna suggested it was a production site with the young male cattle, sheep, and goats removed for consumption at provisioned sites (Redding 1992, 2014, 2016). Based on my work at Kom el-Hisn, Mark Lehner asked me to join his project at Giza, excavating what has become known as the Workers' Town, or the Heit el-Ghurab (HeG). My first season with Lehner was 1989 and I have worked at Giza every year since 1995. Here was an opportunity to test my predictions about the faunal patterns of a provisioned site. As a result of my work at the HeG, I began to try to estimate human meat requirements and yields from cattle, sheep, and goats. I tried to answer questions such as: How many cattle, sheep, and goats were consumed each day? How big were the herds required to supply that number of animals? How much land was needed to raise the herds. And how many herders were needed? I was trying to reconstruct the animal economy of the Old Kingdom.

The present book is the result of this intellectual journey. I originally meant to write this book shortly after my dissertation, but it was fortunate I waited. The book would have been a model of the potential of cattle, sheep, and goats and the strategies and tactics humans may have employed, but it would have missed all the information on productivity and yields and how these related to economic activities. Neither the chapter "Butchering, Nutrition, and Patterns of Consumption" nor the final chapter highlighting archaeological examples would have exist-

I owe thanks to many who have intellectually supported and encouraged my research over the years. These include Henry Wright, Douglas Lay, Phil Myers, Robert Wenke, Sharon Herbert, Frank Hole, and Mark Lehner. I have had a host of colleagues that encouraged me, provided feedback and ideas, and challenged me. These include John Speth, Mindy Zeder, Kate Moore, Karen Mudar, Michael Rosenberg, Wilma Wetterstrom, Salima Ikram, Wim Van Neer, and Claire Malleson. I thank Lorene Sterner, Wilma Wetterstrom, and Rebekah Miracle for preparing figures, maps, and for helping with the photographs.

ed.

The Ancient Egypt Research Associates (AERA) team has been instrumental in providing me with faunal material and ideas. First among them is the founder, Mark Lehner, but the list must include all the excavators and specialists. I thank Mohsen Kamel the director AERA-Egypt, a friend and colleague. I thank all the donors who contributed to support AERA's work over the years: Ann Lurie, David Koch, Nathan Myhrvold, Dr. Walter Gilbert, Lee and Ramona Bass, Glen Dash and/or The Glen R. Dash Charitable Foundation, Kathy DeRue, William Frank, Ed and Kathy Fries, Janice Jerde, Bruce Ludwig, Cameron and Linda Myhrvold, Peter Norton and/or The Isambard Kingdom Brunel Society of North America, Ted Waitt, Doug Rawles, and Reed Smith.

I also thank Cheri Alexander and Alexis Redding, who have supported me and put up with my long absences over the years.

ABBREVIATIONS

African Humid period (AHP) Ancient Egypt Research Associates (AERA) animal unit (AU) biological value (BV) cervico-thoracic hump (C-T) complex adaptive system (CAS) Complexity theory (CT) dry sheep equivalent (DSE) Eastern Town (ET) Eastern Town House (ETH) edible product (EP) Gesher Benot Yaʿaqov (GBY) Heit el-Ghurab (HeG) Holocene Pluvial (HP) intertropical convergence zone (ITCZ) Kromer (KRO) Menkaure Valley Temple (MVT) minimum number of individuals (MNI) North Street Gate House (NSGH) northwest coastal zone (NWCZ) number of identified specimens (NISP) Pottery Mound (PM) principal components (PC) Royal Administrative Building (RAB) Silo Building Complex (SBC) thoracic hump (T) Western Town (WT)

CHRONOLOGICAL OUTLINE OF ANCIENT EGYPT

Note: As dates of pharaohs' reigns are disputed, only the approximate dates for the dynasties are provid-The dates of phan oobs' raid ed. ed

Third Intermediate Period

Note. Its dates of pharaons rela	sits are disputed, only	riniu intermediate Feriou	
the approximate dates for the	dynasties are provid-	Dynasty 21	1078-941
ed. The dates of pharaohs' reign	ns in the text are not-	Dynasty 22	943-666
ed where their names appear in		Dynasty 23 (Thebes)	834-755
11		Dynasty 23 (Herakleopolis)	730
Early Dynastic Period		Dynasty 23 (Hermopolis)	730
Dynasty 1	3050-2800 BC	Dynasty 23 (Leontopolis)	730
Dynasty 2	2800-2660	Dynasty 24 (Lower Egypt)	728-712
_ / / _		Dynasty 25	755-656
Old Kingdom			
Dynasty 3	2660-2600	Saite Period	
Dynasty 4	2600-2470	Dynasty 26 (Lower Egypt)	672-664
Dynasty 5	2470-2360		
Dynasty 6	2360-2200	Late Period	
		Dynasty 27 (Persians)	525-404
First Intermediate Period		Dynasty 28	404-398
Dynasties 7/8	2200-2100	Dynasty 29	398-379
Dynasties 9/10 (Lower Egypt)	2100-2000	Dynasty 30	379-340
Dynasty 11a (Upper Egypt)	2080-2010	Dynasty 31 (Persians)	340-332
Middle Kingdom		Hellenistic Period	
Dynasty 11b	2010-1943	Dynasty of Macedonia	332-310
Dynasty 12	1943-1760	Dynasty of Ptolemy	310-30
Dynasty 13	1765-1650		
, ,		Roman Period	30 BC-AD 395
Second Intermediate Period			
Dynasty 14 (Lower Egypt)	1700-1650	Byzantine Period	395—640
Dynasty 15 (Lower Egypt)	1650-1525		
Dynasty 16 (Upper Egypt)	1660-1585	Arab Period	640-1517
Dynasty 17 (Upper Egypt)	1585-1530		
		Ottoman Period	1517-1805
New Kingdom			
Dynasty 18	1530-1278		
Dynasty 19	1278-1176		

Dynasty 19 1278-1176 Dynasty 20 1176-1078